

Weeks	Topics	Readings/Resources	Assignments/Activities
Week 1	Module 1 <ul style="list-style-type: none"> Basic Anatomical Terminology 	<ul style="list-style-type: none"> Read from Trail Guide to the Body <ul style="list-style-type: none"> Chapter 1: Navigating the Body Review Lesson Presentation: <i>Basic Anatomical Terminology</i> Syllabus and Course Guide LinkedIn Resources 	<ul style="list-style-type: none"> Self-Introduction <ul style="list-style-type: none"> Post due Day 3, Replies due Day 7 Module 1 Discussion <ul style="list-style-type: none"> Post due Day 3 & 5, Replies due Day 7 Module 1 Reading Quiz <ul style="list-style-type: none"> Due Day 7 Introduction Quiz <ul style="list-style-type: none"> Due Day 3
Week 2-3	Module 2 <ul style="list-style-type: none"> Functional Anatomy of the Spine & Thorax 	<ul style="list-style-type: none"> Read from Trail Guide to the Body <ul style="list-style-type: none"> Chapter 4: Spine & Thorax Review Lesson Presentation: <i>Spine & Thorax</i> Brookbush Institute Articles <ul style="list-style-type: none"> Brookbush, B. (2014). <i>Intrinsic stabilization subsystem integration</i>. Retrieved from https://brentbrookbush.com/articles/core-subsystems/intrinsic-stabilization-subsystem/ <ul style="list-style-type: none"> https://goo.gl/xCpPtD Brookbush, B. (2014). <i>Posterior oblique subsystem integration</i>. Retrieved from https://brentbrookbush.com/articles/core-subsystems/posterior-oblique-subsystem-pos/ <ul style="list-style-type: none"> https://goo.gl/Xc4Q7k Brookbush, B. (2014). <i>Anterior oblique subsystem</i>. Retrieved from https://brentbrookbush.com/articles/core-subsystems/anterior-oblique-subsystem-aos/ <ul style="list-style-type: none"> https://goo.gl/IFojQS 	<ul style="list-style-type: none"> Module 2a Discussion <ul style="list-style-type: none"> Post due Day 3 & 5, Replies due Day 7 Module 2 Reading Quiz <ul style="list-style-type: none"> Due Day 7 Module 2b Discussion <ul style="list-style-type: none"> Post due Day 10 & 12 Responses due Day 14 Reflection Journal <ul style="list-style-type: none"> Due Day 7
Week 4-5	Module 3 <ul style="list-style-type: none"> Functional Anatomy of the Pelvis & Thigh 	<ul style="list-style-type: none"> Read from Trail Guide to the Body <ul style="list-style-type: none"> Chapter 6: Pelvis & Thigh Review Lesson Presentation: <i>Pelvis & Thigh</i> Brookbush Institute Articles <ul style="list-style-type: none"> Brookbush, B. (2014). <i>Hip</i>. Retrieved from https://brentbrookbush.com/articles/joint-anatomy/hip-joint/?from=2785 <ul style="list-style-type: none"> https://goo.gl/LPpi0J Brookbush, B. (2014). <i>Gluteus maximus</i>. 	<ul style="list-style-type: none"> Module 3a Discussion <ul style="list-style-type: none"> Post due Day 3 & 5, Replies due Day 7 Module 3 Reading Quiz <ul style="list-style-type: none"> Due Day 7 Module 3b Discussion <ul style="list-style-type: none"> Post due Day 10 & 12 Responses due Day 14 Brookbush Institute Quiz <ul style="list-style-type: none"> Due Day 14

		<p>Retrieved from https://brentbrookbush.com/articles/muscular-anatomy/gluteus-maximus/?from=820</p> <ul style="list-style-type: none"> ▪ https://goo.gl/iYUunj <p>○ Brookbush, B. (2015). <i>Biceps femoris</i>. Retrieved from https://brentbrookbush.com/articles/muscular-anatomy/biceps-femoris/?from=820</p> <ul style="list-style-type: none"> ▪ https://goo.gl/WoMG2a <p>○ Brookbush, B. (2014). <i>Tensor fasciae latae (TFL)</i>. Retrieved from https://brentbrookbush.com/articles/muscular-anatomy/tensor-fascia-latae-tfl/?from=820</p> <ul style="list-style-type: none"> ○ https://goo.gl/vJ4riq 	<ul style="list-style-type: none"> ● Reflection Journal <ul style="list-style-type: none"> ○ Due Day 7
Week 6-7	<p>Module 4</p> <ul style="list-style-type: none"> ● Functional Anatomy of the Leg & Foot 	<ul style="list-style-type: none"> ● Read from Trail Guide to the Body <ul style="list-style-type: none"> ○ Chapter 7: Leg & Foot ● Review Lesson Presentation: <i>Leg & Foot</i> ● Brookbush Institute Articles <ul style="list-style-type: none"> ○ Brookbush, B. (2014). <i>Knee</i>. Retrieved from https://brentbrookbush.com/articles/joint-anatomy/knee/?from=2785 <ul style="list-style-type: none"> ▪ https://goo.gl/WihhBS ○ Brookbush, B. (2015). <i>Soleus</i>. Retrieved from https://brentbrookbush.com/articles/muscular-anatomy/soleus/?from=820 <ul style="list-style-type: none"> ▪ https://goo.gl/rnafvt ○ Brookbush, B. (2015). <i>Flexor hallucis longus and flexor digitorum longus</i>. Retrieved from https://brentbrookbush.com/articles/muscular-anatomy/flexor-hallucis-longus-and-flexor-digitorum-longus/?from=820 <ul style="list-style-type: none"> ▪ https://goo.gl/V6ErSN 	<ul style="list-style-type: none"> ● Module 4a Discussion <ul style="list-style-type: none"> ○ Post due Day 3 & 5, Replies due Day 7 ● Module 4 Reading Quiz <ul style="list-style-type: none"> ○ Due Day 7 ● Module 4b Discussion <ul style="list-style-type: none"> ○ Post due Day 10 & 12 ○ Responses due Day 14 ● Brookbush Institute Quiz <ul style="list-style-type: none"> ○ Due Day 14 ● Reflection Journal <ul style="list-style-type: none"> ○ Due Day 7
Week 8	<p>Module 5</p> <ul style="list-style-type: none"> ● Final Project 	<ul style="list-style-type: none"> ● Brookbush Institute Articles <ul style="list-style-type: none"> ○ Brookbush, B. (2014). <i>Lower leg dysfunction (LLD)</i>. Retrieved from https://brentbrookbush.com/articles/postural-dysfunction-movement-impairment/lower-leg-dysfunction/ <ul style="list-style-type: none"> ▪ https://goo.gl/m8WCZP 	<ul style="list-style-type: none"> ● Module 5 Discussion <ul style="list-style-type: none"> ○ Post due Day 3 ● Module 5 Reading Quiz <ul style="list-style-type: none"> ○ Due Day 7 ● Case Study <ul style="list-style-type: none"> ○ Due Day 5

		<ul style="list-style-type: none">○ Brookbush, B. (2014). <i>Lumbo pelvic hip complex dysfunction (LPHCD)</i>. Retrieved from https://brentbrookbush.com/articles/postural-dysfunction-movement-impairment/lumbo-pelvic-hip-complex-dysfunction-lphcd/<ul style="list-style-type: none">▪ https://goo.gl/qqPkgI▪	
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