



MS in Applied Exercise Science

Degree Program
 Online Face
Cohort Code: GROAES6749
Section: 80U
Area/Location: Online

Beginning Term: Summer 2020
Anticipated Completion Term: Fall 2021
Anticipated Completion Term: _____

MA MS ME EdD PhD

Sem	Year	Part of term	Course Prefix	Course #	Course title	Day	Start time	End time
Sum	2020	1st 8 wks	AES	6020	Kinesiology I	Online		
Sum	2020	2nd 8 wks	AES	6030	Kinesiology II	Online		
Fall	2020	1st 8 wks	AES	6050	Research Design and Methods of Exercise Science	Online		
Fall	2020	2nd 8 wks	AES	6200	Applied Exercise Physiology	Online		
Spr	2021	1st 8 wks	AES	6400	Principles of Fitness and Health Promotion (FHP)	Online		
Spr	2021	1st 8 wks	AES	6500	Principles of Human Movement Science (HMS)	Online		
Spr	2021	1st 8 wks	AES	6600	Principles of Sports Performance Training (SPT)	Online		
Spr	2021	1st 8 wks	AES	6810	Essentials of Strength Training and Conditioning (SC)	Online		
Spr	2021	2nd 8 wks	AES	6420	Program Design in Fitness and Health Promotion (FHP)	Online		
Spr	2021	2nd 8 wks	AES	6520	Program Design in Corrective Exercise Training (HMS)	Online		
Spr	2021	2nd 8 wks	AES	6620	Program Design in Sports Performance Training (SPT)	Online		
Spr	2021	2nd 8 wks	AES	6820	Advanced Strength and Conditioning Theory (SC)	Online		
Sum	2021	1st 8 wks	AES	6440	Practicum: Fitness and Health Promotion (FHP)	Online		
Sum	2021	1st 8 wks	AES	6540	Practicum: Human Movement Science (HMS)	Online		
Sum	2021	1st 8 wks	AES	6640	Practicum: Sports Performance Training (SPT)	Online		
Sum	2021	1st 8 wks	AES	6840	Practicum in Strength and Conditioning (SC)	Online		
Sum	2021	2nd 8 wks	AES	6300	Exercise and Sport Nutrition	Online		
Fall	2021	1st 8 wks	AES	6460	Bus Dev and Entrepreneurship in Fitness and Health (FHP)	Online		
Fall	2021	1st 8 wks	AES	6560	Special Topics: Seminar in Human Movement Science (HMS)	Online		
Fall	2021	1st 8 wks	AES	6660	Special Topics: Sports Performance Training (SPT)	Online		
Fall	2021	1st 8 wks	AES	6860	Seminar in Strength and Conditioning (SC)	Online		
Fall	2021	2nd 8 wks	AES	6990	Capstone in Applied Exercise Science (SPT)(HMS)(FHP)(SC)	Online		

FHP = Fitness and Health Promotion
SPT = Sports Performance Training
HMS = Human Movement Science
SC= Strength and Conditioning

Sports Nutrition Sequence

Sum	2020	1st 8 wks	AES	6020	Kinesiology I	Online		
Sum	2020	2nd 8 wks	AES	6030	Kinesiology II	Online		
Fall	2020	1st 8 wks	AES	6050	Research Design and Methods of Exercise Science	Online		
Fall	2020	2nd 8 wks	AES	6200	Applied Exercise Physiology	Online		
Spr	2021	1st 8 wks	AES	6300	Exercise and Sport Nutrition	Online		
Spr	2021	2nd 8 wks	AES	6320	Vitamins and Minerals	Online		
Sum	2021	1st 8 wks	AES	6340	Nutrition and Exercise for Weight Management	Online		
Sum	2021	2nd 8 wks	AES	6360	Practicum: Sports Nutrition	Online		
Fall	2021	1st 8 wks	AES	6380	Special Topics: Seminar in Sports Nutrition	Online		
Fall	2021	2nd 8 wks	AES	6990	Capstone in Applied Exercise Science	Online		

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